



Go**GOLD** Challenge

Go Gold is a Winter Olympics-inspired wellness challenge where movement meets motivation.

- The program goal is to earn 20 medals during the 4-week challenge.
- Log 4,000 steps to reveal a captivating Olympic image and highlights, then keep moving to earn a bronze, silver or gold medals by recording 6,000, 8000 or 10, 000 steps a day.
- Join a team for camaraderie and friendly competition.
- The top team and 25 randomly drawn participants who met the goal will receive Fitbits.
- Important Dates:
 - Registration begins: 1/12
 - Start date: 1/26
 - Registration end date: 2/1
 - Challenge end date: 2/22

Scan the QR code to register.

